



**ABP Newsletter**  
**November 2020**



# WELCOME

From the Chair, Ben Williams

Hello everyone,

It is, of course, with mixed emotions that I am now passing over the baton of Chair of the ABP to the estimable Alex Forsythe. On the one hand, I will miss the responsibility and buzz that comes from working with such a vibrant organisation of committed volunteers. On the other hand, I am really looking forward to seeing what new initiatives Alex introduces, and I will still be involved in welcoming our new members in new monthly introductory calls.



I will also be hosting the final workshop in my Practical People Assessment training series, on the 7th December, which will focus on the topic of 360 Feedback Questionnaire Design and Delivery. I have included a few parting thoughts in this **video**.

Looking forward to the end of the year, we have a fantastic range of events and new initiatives to see members successfully through to 2021, including the launch of our brand new **ABP Book Club** and **New Member Welcome sessions**. We are

also launching our **2020 Member Survey**– so please do take a moment to give us your feedback.

On the training event front, we have a training webinar with yours truly on **360 feedback** questionnaires on the 7th December, followed by a fantastic speaker event taking place on the 9th December on **strategy and business continuity**.

Finally, don't forget to check out our latest **Psychology of Work podcast**, with the distinguished Professor Sir Cary Cooper CBE. You can also watch Sir Cary's talk in full from this year's Annual Conference **here**.

Thanks, Ben.

## **ABP Launches Member Book Club - 'Between the wines'**

In response to feedback from members we are excited to announce the launch of an ABP book club.

Hosted by two long-term member volunteers each session will not only review a relevant industry text, but also explore what other books we should be reading. So over time we can collate and share a store of books and details of what our members thought of them.

Starting December, and run monthly, these 1-hour Zoom sessions, will alternate between lunch time and evening. To keep things intimate, space is limited to 20 places, so book now, if you'd like to attend.

Good luck ABP book club!

December 11th, 12.30p.m - Review: **'Why we Work'** by Barry Schwartz. **Book now**

January 14th, 6.00p.m: **'Emotional Equations'** by Chip Conley. **Book now.**



## Member Survey

As we move towards the end of 2020, we'd like to take a moment and reflect on what lessons we can learn. In addition, thinking forward to 2021, what we can start, stop or keep doing - so that we can serve you, our members, in the best way possible.

We really appreciate you taking the time to fill in the survey and are already looking forward to sharing with you what we learn and how that will inform what we do going forward.

**Complete Survey**

## New Member Welcome Sessions

Each month we welcome around 20 new members to the Association, but we've never held any specific events or activities to welcome them on board.

That practice will end with 2020! On 3<sup>rd</sup> December, Ben Williams, our wonderful Chair for the last two and half years, will be running the first of these new welcome sessions.

We will be emailing all those who have joined since October, but if you feel you'd benefit from attending, please **email**.



## Psychology of Work Podcast – ‘Professor Sir Cary Cooper CBE on a post-Covid leadership agenda.’

This month's podcast features an absorbing discussion between new ABP Chair Prof. Alex Forsythe, and Prof. Sir Cary Cooper CBE, who is widely regarded as the father of the wellbeing movement. Sir Cary shares his thoughts on, among other things, what we have learned from the Covid- 19 crisis as we enter a major recession, and the current state of business and world leadership. He also provides a fascinating insight into his early career and what motivated him to get started in the field of Psychology.

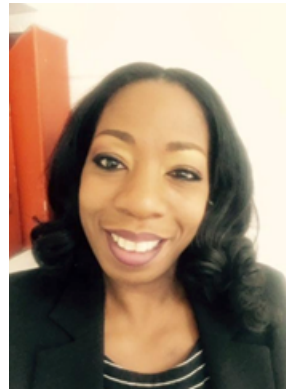
**Listen now.**

## Interview with Dr. Michelle Hunter-Hill: Training and Readiness

Dr Michelle Hunter-Hill, Chartered Psychologist and Programme Director, Roehampton University Business School, in discussion with Dr Joana Suta, evaluates

the role, correlation and importance of readiness in training. She explains how readiness should be incorporated in the training process, and how by doing so an organisations' training effectiveness grows.

**Listen now**



## **Speaker Event:**

### **9<sup>th</sup> December - Strategy and Business Continuity: meeting the Covid-19 Challenge with Steve Lambert**

Business continuity is not an area Business Psychologists are accustomed to providing advice on, but our community has been thrown in at the deep end, as the current crisis demands that our roles in advising on shaping organisations extend to include elements of Business Continuity.



This session is aimed at providing essential understanding of some key elements, to take a strategic approach and help to meet client expectations. Steve Lambert of Biscon Planning, a UK based risk and business continuity consultancy, will share with us his experience and tips on how to deliver an effective plan for dealing with the current global crisis.

**Register here.**

## 7th December - 360 Feedback Questionnaire Design & Delivery (Single Webinar)

This is a single webinar that is part of our Practical People Assessment programme, run by Ben Williams, of Sten10. The webinar will explore the basic frameworks around 360 feedback questionnaires, discussing their best use in selection and development and learning to design and manage a 360-feedback process.

**Register here.**

## Event Reports

Every month, the infamous Richard Taylor writes up helpful summaries of our speaker events. See below for his latest event reports:

**Using Coaching to Identify Best Practice in Resilience** - Jodi O'Dell, Engage Coach.

**Three simple (but not necessarily easy) steps to address Emotionally Toxic Cultures** - Phil Willcox, Emotion at Work.

## ABP Jobs Board

### Principal Consultant – Assessment (Cappfinity)

Cappfinity is seeking an experienced assessment design consultant to support our work with clients in the UK and across the globe. For further information on this role and to apply, **click here**.

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